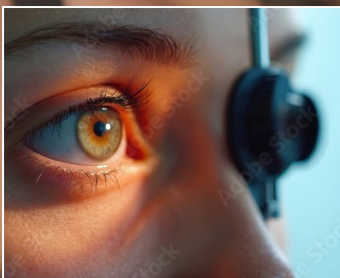


# THE NEW YOU

IS CLOSER  
THAN YOU  
THINK



## The McIndoe Centre

HORDER HEALTHCARE

2026



“ The McIndoe Centre has a proud legacy of surgical excellence and innovation. We know that every patient’s journey is unique, and our dedicated team is committed to providing exceptional clinical care in a safe, supportive, and truly compassionate environment. From your first consultation through to full recovery, your wellbeing is at the heart of everything we do. ”

**Elin Richardson, CEO**

### The very finest medical expertise on your doorstep

The McIndoe Centre in East Grinstead is a purpose-built medical facility operated by Horder Healthcare. Committed to providing world-class, safe, transparent and life changing healthcare, we are equipped with the very latest technology and home to one of the UK’s largest multi-disciplinary teams of consultants and doctors, each a specialist in their respective fields. This means you can enjoy convenient access to world class medical expertise here on your doorstep.

### A proud heritage in plastic surgery

We have a proud heritage as a pioneering centre of excellence in aesthetic and reconstructive plastic surgery, from our origins as the Burns Unit that treated injured servicemen in World War II. Today, our large consultant team and state of the art theatres mean we are able to offer a wide range of aesthetic, reconstructive and remedial surgical procedures.

### Here where and when you need us

Not only are we conveniently located, we are also able to provide the support you need without the long delays often associated with treatment through NHS pathways. And with our finance schemes we can help make your treatment affordable too.



### Why choose The McIndoe Centre?

-  **The McIndoe Centre does more cosmetic surgery treatments than any other independent hospital in the UK<sup>1</sup>**
-  **0% APR available<sup>2</sup>**
-  **We are inspected and rated as Good by the Care Quality Commission**
-  **100% of patients rated the experience of their service as very good and good<sup>3</sup>**
-  **98% of patients extremely likely and likely to recommend the hospital to family and friends<sup>4</sup>**
-  **Rated as Outstanding on Doctify with a patient trust score of 4.9<sup>5</sup>**

1. PHIN April 2024 – March 2025. 2. Terms and conditions apply  
3. Patient Survey Questionnaire July-September 2025. 4. Patient Survey Questionnaire July-September 2025. 5. October 2025.





## Our Facilities

Purpose built to offer the highest levels of healthcare and patient comfort, The McIndoe Centre is home to outstanding medical facilities, with modern operating theatres equipped with the very latest technology, as well as a state-of-the-art ophthalmology suite.

Communal areas and patient rooms are stylish and comfortable with ensuite facilities. During your time with us you will enjoy outstanding hospitality, including freshly prepared food made using ingredients that are good for our climate, nature and health.

Our attentive but discrete patient care and nursing teams are there to make your experience with us as pleasant as possible, from the moment you arrive at reception, to the moment you leave, transformed.



## Our Treatments

The McIndoe Centre's multidisciplinary consultant team enables us to offer a broad range of surgical procedures and aesthetic treatments, as well as general wellbeing assessment and guidance for women in our Women's Health clinic. Our key areas of expertise are in cosmetic and reconstructive plastic surgery, oral and maxillofacial surgery, hand surgery, ophthalmology, and women's wellbeing. We have featured here a selection of our most popular treatments.

For full details please visit  
[www.themcindoecentre.co.uk/treatments](http://www.themcindoecentre.co.uk/treatments)





## Plastic Surgery

We offer a broad range of cosmetic and reconstructive plastic surgery procedures. From facial rejuvenation and enhancement, both surgical and non-invasive, to fat reduction and body contouring, our specialist consultants can help you achieve your aesthetic goals.



## Abdominoplasty (Tummy Tuck)

Despite a concerted effort with your exercise regime and a good diet, sometimes excess skin just won't shift. Having a tummy tuck surgery yields fantastic rewards regarding your self-esteem and physical wellbeing. Tummy tuck (also known as abdominoplasty) procedure provide solutions to patients who are looking to rid stubborn fat pockets as a result of pregnancy, weight loss or the natural aging process. This procedure will give you a firmer, flatter abdomen. This procedure is not limited to women, the number of men electing to have a tummy tuck continues to grow.

## Breast Augmentation

Many women feel self-conscious about their breast size. Size is dependent on your genetics, but once developed your breasts may fluctuate in response to weight, pregnancy and breastfeeding. Breast enlargement, which involves inserting breast implants behind the breast tissue, either under or over the pectoral muscle, to give a more voluptuous shape, is a safe way to increase confidence and boost self-esteem. Breast enlargement, with it's instantly noticeable results, is a life changing treatment that restores confidence and offers a new lease of life.

## "It has really boosted my confidence"

**T**wenty years ago, Caroline Mercer\* underwent a "highly successful" mini facelift. Now, two decades later and facing a new chapter in her life—recently separated after a 30-year marriage and beginning divorce proceedings—she found herself reassessing her priorities.

As someone who runs her own business and mentors younger professionals, Caroline became increasingly aware of how her appearance affected her interactions.

She said: "I was particularly bothered by my prominent nasal folds, and I felt I looked sad all the time.

"I wanted to retrieve the last 10 years of my life. I always exercised, saw a

dermatologist, and looked after myself. This was the beginning of taking that next step."

Caroline's mini facelift was performed by Consultant Plastic and Reconstructive Surgeon, Mr Baljit Dheansa. Curious whether Mr Dheansa was still in practice, she looked him up and booked a consultation to see her options against her budget.

"I had a thorough assessment and was presented two options: a partial or a full facelift," explained Caroline. "We talked about where the scars would be, which made me anxious, but Mr Dheansa gave me all the information, including what could go wrong, as surgeons should do. Then he left it with me to decide."



"I try to make continuity of care and understanding a patient's concerns an important part of my practice. This helps me to identify the best approach with my patient, which then ensures that they get the best possible result.

"It is always good to see the impact of well-planned surgery and even more so when patients return to have further treatment as we build on the positive results we have already achieved." - **Mr Baljit Dheansa**



A second consultation helped Caroline finalise her choice and address questions before she booked a full facelift at The McIndoe Centre. The surgery was performed in the morning, and she stayed two nights at The McIndoe Centre, following postoperative instructions carefully.

"The only thing I hadn't planned for was how difficult it would be to eat on that first day," she said. "I couldn't even eat toast and had to stick to soft

food. After that, I just had to be careful when I ate.

"The main thing I needed to do was sleep upright and not bend over, which was fine. I didn't have excessive bleeding, swelling, or any infections. It was a smooth path to recovery, and I healed well.

"Before and after the operation, Mr Dheansa was always open to consultations. I had three follow-ups. He was reassuring and always available. He always had the time to explain everything."

"I'm so pleased I had it done as it has really boosted my confidence. My nasal folds have disappeared, and much to my surprise, I now have cheekbones and dimples, which is a huge bonus."





## Liposuction

People who struggle to lose weight through natural means such as dieting and exercise, particularly in trouble areas including the stomach, underarms, thighs, and hips, may turn to surgical alternatives, including liposuction. The procedure involves removing fat through a medical device called a cannula, which is inserted under the skin at high pressure, and a vacuum is then used to remove fat from the targeted area. This process is typically very fast and produces excellent and immediately noticeable results, leaving a defined shape that enhances body image and confidence.

## DIEP Reconstruction

The DIEP flap procedure is a form of breast reconstruction following a mastectomy, using the patient's abdominal fat rather than an implant to create a breast mound. This procedure enables the patient to have a naturally formed breast without the need for any foreign materials and can result in faster recovery with less post operative pain. The procedure is recognised as the 'gold standard' for breast reconstruction after mastectomy.

## Blepharoplasty

As we age, gravity pulls down on the soft tissue surrounding our eyes. Once youthful and alert, eyes can become droopy and undefined. Eyelid surgery, also known as blepharoplasty, is a procedure that works to tighten this soft tissue, resulting in bright and open eyes. This procedure can be carried out on the upper or lower eyelids or both.

## Facelift

The natural process of aging tends to mean that our jawlines slacken, we lose volume in our soft tissues and bone density, and our eyelids fold and smile lines deepen. Whilst there are a variety of face-lifting techniques available, the most common type of facelift is called a SMAS. During this procedure, your surgeon will make an incision around the ear. From there, the skin can be lifted slightly and tightened. Muscles and tissue can be removed or manipulated to achieve the desired effect. A facelift is the most effective and enduring facial rejuvenation procedure.



## From Pain to Relief: Amy's Wisdom Tooth Experience

**W**hat was initially thought to be teething pain from Amy Gillham's wisdom tooth turned out to be a more serious infection that required full removal.

When a wisdom tooth doesn't fully break through the gum, brushing can be impossible and food can get stuck, causing infection.

Mum of two Amy, 33, said: "The pain was awful. I kept going to the Dentist and said it was really uncomfortable. They reassured me it was just the wisdom tooth trying to break through, but it got worse. I kept thinking this is not just teething pain, there has to be an infection."

After several visits, Amy was prescribed antibiotics, which relieved the pain within 48 hours, but it returned weeks later. Her Dentist referred her to a specialist via her health insurance.

Following a consultation with Ken Sneddon, Consultant Oral and Maxillofacial Surgeon, Amy was booked for wisdom tooth removal surgery at The McIndoe Centre.

She said: "I was anxious, but Mr Sneddon was as kind and patient as ever, and the Anaesthetist was jovial and comforting as I repeatedly said, 'I've two children at home, keep me safe.'"

"It was a short procedure with minimal anaesthetic, but I was concerned about 'going



under' (general anaesthetic). As it turns out – 10/10. I would recommend!

"Every member of staff was friendly, happy, comforting. Sean the nurse lit up the room and kindly held my hand during the general anaesthetic. Nothing was too much."

Amy came around from the operation about an hour later and spent time in recovery due to her low blood pressure. From there, she went

to her ward room to recover. The first food she had was a smoothie, then further soft foods, including a sandwich, yoghurt and ice cream.

A few hours later, Amy was discharged and advised to keep the wound clean by gently rinsing with salt water after eating, to eat soft foods, and take over-the-counter pain relief.

Amy added: "I had one dissolvable stitch, and my mouth was tender. I was advised not to have hot food or drink in the first 48 hours to avoid irritating the tissue. I was given the direct line for the Hospital and reassured I could call anytime if concerned. Mr Sneddon's medical secretary also kept in close touch."

**"It was a faultless experience. Everyone from reception, the healthcare assistants and catering were caring and considerate. They made a scary experience a good one"**



### Mr Ken Sneddon

Mr Sneddon qualified in both dentistry and medicine at Kings College Hospital, University of London in 1983 and 1991 respectively. He obtained his specialist training in maxillofacial surgery at major UK centres in Glasgow, East Grinstead and University College Hospital in London.

## Maxillofacial & Oral

We offer a variety of maxillofacial and oral procedures at The McIndoe Centre to treat patients with conditions affecting the mouth, jaw, face and neck. This includes TMJ arthroscopy, tooth extraction, treatment for mouth lesions, dental implants and wisdom tooth removal.



## Removal of Impacted Teeth

There are numerous reasons why a patient may consider removing teeth. These include severe pain which can be caused by decay, infection or trauma, gum disease, and overcrowded teeth. One of the most common procedures is wisdom teeth removal. Such cases may require a tooth, or multiple teeth, to be removed in order to reduce pain and discomfort, to avoid the risk of infection spreading and the enablement of other teeth to be repositioned.

## Non-surgical Skin Treatment



## Thread Vein Treatment

Thread veins are small, abnormally dilated blood vessels that are often found on the legs. Their presence can lead to feelings of dissatisfaction with your appearance and seriously impact self-confidence. While many people seek thread vein treatment for personal, cosmetic reasons, it is not uncommon for people to seek treatment for reasons of discomfort. Untreated thread veins can lead to further problems regarding mobility and general discomfort.



## Hand Procedures

We offer a variety of hand procedures, to complement those available at our sister hospital, The Horder Centre. These include treatment to correct carpal tunnel syndrome which affects the wrist, as well as Dupuytren's fasciectomy to relieve the contracture that can limit functionality of the hand.

## Carpal Tunnel Release

Carpal Tunnel Syndrome (CTS) is a condition that causes pain and discomfort in the hand and wrist due to increased pressure on the nerve that crosses the front of the wrist. This is called the median nerve and runs through a tight tunnel of tendons, allowing you to bend your fingers. You may require carpal tunnel release if you feel pain and discomfort when moving your fingers and wrist. One of the first signs of CTS is numbness in the thumb, index finger and middle finger – symptoms tend to worsen during the night.

## Dupuytren's Fasciectomy

Dupuytren's disease is an inherited condition where scar-like tissue forms just beneath the skin of the fingers and the palm of the hand and causes it to thicken and become hard. Eventually, over time, the fibrous tissue can contract and force one or more fingers to curl up into the palm, making it impossible to straighten the fingers. This is known as Dupuytren's Contracture. When the affected finger can no longer be fully extended as a result of scar tissue which has formed in the palm of the hand, surgery involving removal of any affected skin, will be required to restore proper functionality.

## Ruth Guillaumier's DIEP breast reconstruction

When a diagnosis of breast cancer resulted in a mastectomy, chemotherapy and radiotherapy, Ruth Guillaumier, a Maltese mother of three, discovered she was an ideal candidate for DIEP surgery, a breast reconstruction procedure that is still in its infancy in her home country of Malta.

Ruth explained: "When I found out I was going to lose my breast, I tried to convince myself it was not a big deal; I had done my breastfeeding, I've never been vain, and I thought I could do without it. I wanted the lump and the breast out as I thought it was going to kill me.

"My breast surgeon said we could do a reconstruction, but I felt I didn't need it, I didn't want

it. For me, it wasn't important at the time. I was emotionally numb to it, even on the day of the mastectomy. "They gave me a prosthesis, but the asymmetry and flatness were driving me crazy. I never appreciated my breast before. However, I started thinking about getting it back somehow. I didn't know there were different types of reconstruction."

Ruth's breast surgeon encouraged her to get in touch with Miss Alexandra Molina, Consultant Plastic Surgeon at The McIndoe Centre, who confirmed that Ruth was a good candidate for

**"As soon as I walked into The McIndoe Centre, I felt a sense of calm. "**

DIEP surgery. This procedure that uses the patient's own tissue from the lower abdomen to reconstruct the breast, offering a more natural outcome and avoiding certain complications that can be associated with implants, particularly after radiotherapy.

Following a pre-operation appointment to confirm she was medically fit for surgery she

returned several weeks later for her operation, which took just over 4 hours, and was performed by Miss Molina, joined by Miss Katia Sindali,

a Consultant Plastic, Reconstructive, and Aesthetic Surgeon. Ruth spent three nights at The McIndoe Centre under observation.

Ruth said: "A few days after arriving home, I started driving, went to work, put on normal clothes and wore high heels. It was as if I hadn't had anything done.

Ruth is very satisfied with the end result and is now going to return for nipple reconstruction and possibly a small uplift of the other breast, as the next phase of her reconstructive journey.



"Performing Ruth's DIEP breast reconstruction was an extremely rewarding experience. She is a motivated, intelligent patient and kept me on my toes asking very sensible questions! In the end Ruth had a team of two specialist female surgeons operating on her, which is quite unusual. "

**Miss Alexandra Molina, Consultant Plastic Surgeon**



# Ophthalmology

We offer a variety of procedures to maintain your eye health and optimise your vision. These include the diagnosis and treatment of conditions such as glaucoma and cataracts, that if untreated can result in blindness, as well as laser and surgical treatments for a deteriorated or damaged cornea.



## Cataracts

Cataracts is a condition that predominantly affects people over 70, and results from changes in the way the cells of the lens are arranged and their water content, which causes the lens to become cloudy instead of clear. Developing cataracts will cause your sight to become cloudy and misty. The condition, which can affect one or both eyes, is treated by surgery. It is a commonly performed and straightforward procedure that involves removal of the cloudy lens and its replacement by an artificial lens to help restore your vision.

## Cornea Treatment

The cornea is the clear window into the eye. When this is scarred or misshapen, treatment is required to remove the scar or to alter the shape of the eye. You can require cornea treatment if damage causes a small hole or infection appears in the cornea, or through degeneration from a condition such as keratoconus – which causes the cornea, to weaken, change shape and become thinner. Most cases of keratoconus can be treated with contact lenses and glasses. However, more severe cases may require a cornea transplant.

## Glaucoma Treatment

Glaucoma is a condition where the pressure in the eye increases, causing damage to the optic nerve which is critical for sight because it passes signals from the retina to your brain. Without this process we would not be able to see. Glaucoma can lead to a loss of your vision if untreated. The visual loss is usually slow and often has no symptoms. This is why glaucoma is also known as the 'silent thief of sight'. More commonly the peripheral visual field is lost first but glaucoma can affect the central field of vision too. There are various laser treatments available or minimally invasive surgery.

## "Being 50 and not being able to drive at night was affecting my life"



**K**elly Bryant's long and short-sighted vision was deteriorating and began to impact her work and daily activities.

When a routine eye appointment with her optician revealed cataracts in both eyes, Kelly decided to have cataract surgery at The McIndoe Centre to replace the cloudy lens with a clear artificial lens.

Kelly said: "Being 50 and not being able to drive at night was affecting my life.

When I realised I had cataracts in both eyes and I would eventually have to have the procedure done, I decided I would have it done sooner rather than later."

Mr Gokulan Ratnarajan, Consultant Ophthalmic Surgeon who carried out the procedure, said: "The latest innovation in the lens market is a new lens called PureSee by Johnson and Johnson. I spent time with Kelly during the consultation and once we talked through her lifestyle, we decided to go with the PureSee lens in both eyes."

**"Six weeks on, the procedure has been life changing... I am so pleased I had it done."**

Kelly added: "I was quite anxious before the procedure, but from the minute I came in – from reception to the nursing staff – it was fantastic. They all put you at ease."

"Mr Ratnarajan talks you through the whole thing while he is performing the procedure, so I felt ever so calm. It was really easy.

"After the surgery, I was discharged one hour later. I could see straight away; it was slightly blurry, but within 24-48 hours, that had completely cleared up.

I was back at work within four days, and gradually, my eyesight improved immensely over the next 7-10 days.

"Six weeks on, the procedure has been life changing. I can go to the gym, follow programs on my phone without taking my glasses on and off, and in spin classes, I can actually see the dial now. It has made a huge difference and I am so pleased I had it done."



**Mr Gokulan Ratnarajan, Consultant Ophthalmic Surgeon**

"The latest innovation in the lens market is a new lens called PureSee by Johnson and Johnson. I spent time with Kelly during the consultation and once we talked through her lifestyle, we decided to go with the PureSee lens in both eyes."



# Our Specialist Team

We have curated one of the largest team of specialist consultant plastic surgeons outside of London. Here's an A-Z of our team - use the key to the right to see the services each consultant offers.

## KEY



Cosmetic



Dermatology



Reconstructive



Hand



Ophthalmology



Maxillofacial & Oral



Neurology

## CONSULTANTS



### Mr Paul Banwell

BSc MB BS FRCS (Eng) FRCS (Plast)  
Consultant Plastic and Reconstructive Surgeon  
First consultation £250



[See profile online >](#)



### Miss Tania Cubison

MBBS, FRCS, FRCS (Plast), RAMC  
Consultant Plastic and Reconstructive Surgeon  
First consultation £200



[See profile online >](#)



### Mr Oliver Bernath

State Exam (Germany)  
Consultant Neurologist  
First consultation £250



[See profile online >](#)



### Mr Omar Dawood

M.B.CH.B, MRCS (Eng), MRCS (Edinburgh), MD, FEBOPRAS, FICMS (Plast) FRCS (Plast)  
Consultant Plastic Surgeon  
First consultation £200



[See profile online >](#)



### Mr Adam Blackburn

BSc(Hons), MB BS(Hons), FRCS(Plast)  
Consultant Plastic and Reconstructive Surgeon  
First consultation £220-250



[See profile online >](#)



### Mr Baljit Dheansa

MB BS FRCS (Eng) MSc FRCS (Plast)  
Consultant Plastic and Reconstructive Surgeon  
First consultation £300



[See profile online >](#)



### Mr Mohamed Elalfy

MBBCh, MSc, MD, DRCOphth, FICO, FEBO, FRCS (Ed), FRSC (Glas), FRCOphth  
Consultant Ophthalmic Surgeon  
First consultation £250



[See profile online >](#)



### Mr Aakshay Gulati

FDSRCS MBBS(Lon), MRCS(Eng), FRCS(Eng) OMFS  
Consultant Oral and Maxillofacial Surgeon  
First consultation £100-250



[See profile online >](#)



### Mr Samer Hamada

MD, MSc, DO(hons), FEBO, FRCSEd, FRCOphth  
Consultant Ophthalmic Surgeon  
First consultation £350-£400



[See profile online >](#)



### Mr Oliver Harley

MBBS, BSc, MBA, FRCSEd(Plastic Surgery)  
Consultant Plastic and Reconstructive Surgeon  
First consultation £195



[See profile online >](#)



### Miss Anita Hazari

MB BS, MD, FRCS, FRCS(Plast)  
Consultant Plastic and Reconstructive Surgeon  
First consultation £225



[See profile online >](#)



### Mr Martin Jones

BSc(Hons), MBBS, MD, FRCS Ed, FRCS Ed(Plast)  
Consultant Plastic and Reconstructive Surgeon  
First consultation £250



[See profile online >](#)



### Mr Asit Khandwala

MBBS MS MCh FRCS (Plast)  
Consultant Plastic and Reconstructive Surgeon  
First consultation £220



[See profile online >](#)



### Mr Ian King

MA (Oxon) MBBS MRCS FRCS (Plast)  
Consultant Plastic and Reconstructive Surgeon  
First consultation £200



[See profile online >](#)



### Mr Siva Kumar

MBBS BMed.Sci(Hons) MRCS MBA FRCS(Plast.)  
Consultant Plastic and Reconstructive Surgeon  
First consultation £195



[See profile online >](#)



### Mr Damian Lake

MB.ChB, FRCOphth, LLM  
Consultant Ophthalmic Surgeon  
First consultation £250



[See profile online >](#)



### Mr Andre Litwin

BM FRCOphth  
Consultant Ophthalmic Surgeon  
First consultation £250



[See profile online >](#)



### Mr Simon Mackey

BSc(Hons), MB BS, FRCS(Plast)  
Consultant Plastic and Reconstructive Surgeon  
First consultation £250



[See profile online >](#)



**Mr Raman Malhotra**  
FRCOphth MB ChB  
Consultant Ophthalmic and  
Oculoplastic Surgeon  
First consultation £250



[See profile online >](#)



**Mr Charles Nduka**  
MA, MD, FRCS, FRCS (Plast)  
Consultant Plastic and  
Reconstructive Surgeon  
First consultation £250



[See profile online >](#)



**Mr Nicholas Parkhouse**  
DM MCh FRCS  
Consultant Plastic and  
Reconstructive Surgeon  
First consultation £350



[See profile online >](#)



**Mr Ken Sneddon**  
MB BS FDSRCS FRCS  
Consultant Oral and  
Maxillofacial Surgeon  
First consultation £175-200



[See profile online >](#)



**Dr Rhonda Meys**  
MB, BS, MD (Res), Post-CCT Fellowship  
in Mohs Micrographic Surgery  
Consultant Dermatologist  
First consultation £250-295



[See profile online >](#)



**Miss Kapka Nenova**  
Master of Medicine, Specialist  
Ophthalmologist  
Consultant Ophthalmic Surgeon  
First consultation £220



[See profile online >](#)



**Mr John Pereira**  
MB BS FRCS (Eng) FRCS (Plast)  
Consultant Plastic and  
Reconstructive Surgeon  
First consultation £150



[See profile online >](#)



**Mr T C Teo**  
MD (Hons), FRCS (Plast), FRCS (Ed)  
Consultant Plastic and  
Reconstructive Surgeon  
First consultation £225



[See profile online >](#)



**Mr Chris McDonald**  
MBBS BSc FRCS(Plast)  
Consultant Plastic and  
Reconstructive Surgeon  
First consultation £250



[See profile online >](#)



**Ms Nora Nugent**  
MB BCh BAO, BMedSci, MRCSI, FRCSI (Plast),  
Intercollegiate Cosmetic Surgery Certification  
Consultant Plastic and  
Reconstructive Surgeon  
First consultation £300



[See profile online >](#)



**Mr Mark Pickford**  
MS FRCS (Plast)  
Consultant Plastic and Hand  
Surgeon  
First consultation £150-250



[See profile online >](#)



**Pratibha Veeramani**  
MBBS, BSc, MMed Ed, FRCOphth  
Consultant Ophthalmologist  
First consultation £275



[See profile online >](#)



**Mr Andrew Mellington**  
BMBCh MA MSc FRCS(Plast)  
Consultant Plastic and  
Reconstructive Surgeon  
First consultation £200



[See profile online >](#)



**Miss Jennifer O'Neill**  
BA (1st class Hons) (Cantab), BM  
BCh (Oxon), FRCS (Plast)  
Consultant Plastic and  
Reconstructive Surgeon  
First consultation £200



[See profile online >](#)



**Mr Gokulan Ratnarajan**  
BSc MBBS FRCOphth MD  
Consultant Ophthalmic  
Surgeon  
First consultation from £250



[See profile online >](#)



**Mr Reuben Yap Kannan**  
MB MRCSEd PhD FRCS(Plast) Dip(Otol) HNS  
Consultant Plastic and  
Reconstructive Surgeon  
First consultation £250



[See profile online >](#)



**Miss Alexandra Molina**  
MCBChir, MA(Cantab), FRCS(Plast)  
Consultant Plastic and  
Reconstructive Surgeon  
First consultation £200



[See profile online >](#)



**Mr Sam Orkar**  
FRCS (Plast), FRCS (Ed), FWACS, BM, BCh  
Consultant Plastic and  
Reconstructive Surgeon  
First consultation from £250



[See profile online >](#)



**Mr Bav Shergill**  
BSc, MBBS, MRCP  
Consultant Dermatologist  
First consultation £225-£275



[See profile online >](#)



**Mr Hasan Naveed**  
MBBS (London), BSc (Hons), FRCOphth,  
CertLRS  
Consultant Ophthalmic Surgeon  
First consultation £250



[See profile online >](#)



**Mr Marc Pacifico**  
BSc (Hons) MBBS MRCS MD FRCS (Plast)  
Consultant Plastic and  
Reconstructive Surgeon  
First consultation £275



[See profile online >](#)



**Ms Katia Sindali**  
MBBS, MRCS, MSc, PGCert Med Ed,  
EBOPRAS, FRCS(Plast)  
Consultant Plastic, Reconstructive  
and Aesthetic Surgeon  
First consultation £250



[See profile online >](#)



**Claire Judge**  
RGN, NIP (Nurse independent  
prescriber)  
Specialist Nurse - Sclerotherapy  
First outpatient consultation £70

[See profile online >](#)

## NURSES





**Contact our Private Patient Team on**  
**01342 488063**

**The McIndoe Centre**

HORDER HEALTHCARE



[themcindoecentre.co.uk](https://themcindoecentre.co.uk)

Registered Charity No: 1046624

**The McIndoe Centre, Holtye Road, East Grinstead, West Sussex, RH19 3EB**