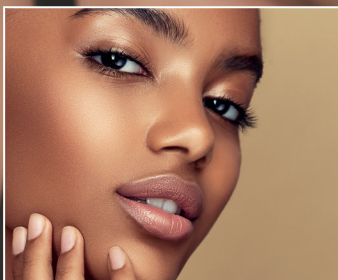


THE NEW YOU

IS CLOSER
THAN YOU
THINK



The McIndoe Centre

HORDER HEALTHCARE



“ Continuing a proud legacy of helping to transform lives, the whole team at The McIndoe Centre, from our world class consultants to our patient care and coordination teams, will be with you every step of the way on your journey for the best possible experience. ”



Elin Richardson, McIndoe Hospital Director

Your local centre of excellence for plastic surgery

The McIndoe Centre is operated by Horder Healthcare, an independent charity committed to advancing the health and wellbeing of people in Kent, Sussex and Surrey. We have a proud heritage as a pioneering centre of excellence in aesthetic and reconstructive plastic surgery, from our origins as the Burns Unit that treated injured servicemen in World War II. Today, The McIndoe Centre is a purpose-built medical facility, equipped with the very latest technology and committed to providing first class, safe, transparent and life changing healthcare.

The very finest medical expertise on your doorstep

The McIndoe Centre has curated under one roof one of the UK's largest multi-disciplinary teams of consultants, all on the specialist register of the General Medical Council and each an expert in their respective fields. This means you can enjoy access to world class medical expertise here on your doorstep, without having to endure the inconvenience and cost of travelling into London. Our consultants and patient care and co-ordination teams are dedicated to safe, transparent and reliable healthcare, earning us an Excellent rating by Trustpilot and Good by the CQC. We're here, where and when you need us for all your plastic surgery needs.



Why choose The McIndoe Centre?

-  **We are inspected and rated as Good by the Care Quality Commission**
-  **The McIndoe Centre does more cosmetic surgery treatments than any other independent hospital in the South East***
-  **Rated as 'Excellent' by Trustpilot, our average score from patient reviews is 4.7 out of 5 in 33 independent reviews**
-  **100% of patients rated our service as very good or good****
-  **97% of patients would recommend our services to their families and friends****
-  **Award winning patient food with Soil Association Accreditation*****

*PHIN July 2021- June 2022. **PSQ November 2022. ***Bronze Food For Life Served Here Award 2022



Outstanding Facilities

Purpose built to offer the highest levels of healthcare, The McIndoe Centre is home to outstanding medical facilities with modern operating theatres, equipped with the very latest technology, as well as our state of the art ophthalmology suite. Our attentive but discrete patient care and nursing teams are there to make your experience with us as pleasant as possible, from the moment you arrive at reception, to the moment you leave, transformed.





Award-Winning Hospitality

During your time with us you will experience our award-winning hospitality. Relax before and after your procedure in one of our private, comfortable ensuite bedrooms. And enjoy meals that carry the 'Food for Life Served Here' award from the Soil Association, recognising that food on the menu is freshly prepared and has been made from ingredients that are good for our climate, nature and health. Our menu features higher quality meat, responsibly sourced fish, and locally sourced ingredients. We can cater for all special dietary requirements.





Our Procedures

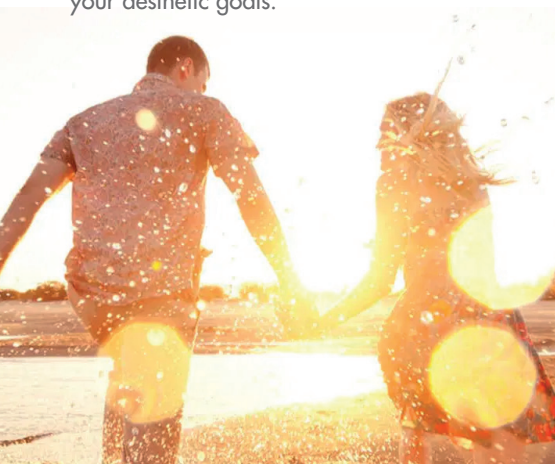
The McIndoe Centre's multidisciplinary consultant team enables us to offer a broad range of surgical procedures and aesthetic treatments. Our four key areas of expertise are in cosmetic and reconstructive plastic surgery, oral and maxillofacial surgery, hand surgery and ophthalmology. We have featured here a selection of our most popular treatments.

**For full details please visit
[www.themcindoecentre.co.uk/
treatments](http://www.themcindoecentre.co.uk/treatments)**



Plastic Surgery

We offer a broad range of cosmetic and reconstructive plastic surgery procedures. From facial rejuvenation and enhancement, both surgical and non-invasive, to fat reduction and body contouring, our specialist consultants can help you achieve your aesthetic goals.



Abdominoplasty (Tummy Tuck)

Despite a concerted effort with your exercise regime and a good diet, sometimes excess skin just won't shift. Having a tummy tuck surgery yields fantastic rewards regarding your self-esteem and physical wellbeing. Tummy tuck (also known as abdominoplasty) procedure provide solutions to patients who are looking to rid stubborn fat pockets as a result of pregnancy, weight loss or the natural aging process. This procedure will give you a firmer, flatter abdomen. This procedure is not limited to women, the number of men electing to have a tummy tuck continues to grow.

Breast Augmentation

Many women feel self-conscious about their breast size. Size is dependent on your genetics, but once developed your breasts may fluctuate in response to weight, pregnancy and breastfeeding. Breast enlargement, which involves inserting breast implants behind the breast tissue, either under or over the pectoral muscle, to give a more voluptuous shape, is a safe way to increase confidence and boost self-esteem. Breast enlargement, with its instantly noticeable results, is a life changing treatment that restores confidence and offers a new lease of life.



Liposuction

People who struggle to lose weight through natural means such as dieting and exercise, particularly in trouble areas including the stomach, underarms, thighs, and hips, may turn to surgical alternatives, including liposuction. The procedure involves removing fat through a medical device called a cannula, which is inserted under the skin at high pressure, and a vacuum is then used to remove fat from the targeted area. This process is typically very fast and produces excellent and immediately noticeable results, leaving a defined shape that enhances body image and confidence.

DIEP Reconstruction

The DIEP flap procedure is a form of breast reconstruction following a mastectomy, using the patient's abdominal fat rather than an implant to create a breast mound. This procedure enables the patient to have a naturally formed breast without the need for any foreign materials and can result in faster recovery with less post operative pain. The procedure is recognised as the 'gold standard' for breast reconstruction after mastectomy. The McIndoe Centre is one of the top three largest independent providers in the UK of this type of surgery, and the largest single site independent provider outside of London.



Blepharoplasty

As we age, gravity pulls down on the soft tissue surrounding our eyes. Once youthful and alert, eyes can become droopy and undefined. Eyelid surgery, also known as blepharoplasty, is a procedure that works to tighten this soft tissue, resulting in bright and open eyes. This procedure can be carried out on the upper or lower eyelids or both.

Facelift

The natural process of aging tends to mean that our jawlines slacken, we lose volume in our soft tissues and bone density, and our eyelids fold and smile lines deepen. Whilst there are a variety of face-lifting techniques available, the most common type of facelift is called a SMAS. During this procedure, your surgeon will make an incision around the ear. From there, the skin can be lifted slightly and tightened. Muscles and tissue can be removed or manipulated to achieve the desired effect. A facelift is the most effective and enduring facial rejuvenation procedure.

Breast reconstruction surgery gets Josephine her confidence again



Two-and-a-half years after being diagnosed with breast cancer, Josephine Mitchell faced surgery for a second time after radiotherapy caused hardening of the original implant breast reconstruction.

Josephine, 59, was referred to Consultant Plastic Surgeon Miss Anita Hazari at The McIndoe Centre where she underwent removal of her right breast prosthesis and replacement with a DIEP reconstruction, a procedure which involved taking skin and fat from her tummy and creating a breast from it.

"I would thoroughly recommend The McIndoe Centre. I felt very secure there. It's a lovely place and the food was fantastic. I only wish I could have eaten more of it!"

Now, nearly three months after the operation in June, Josephine is on the road to recovery and is slowly getting life back to normal, despite complications caused by having to come off medication for her rheumatoid arthritis.

She said: "I had different surgery options after the radiotherapy but I felt this one was the best one for me. Anita Hazari was marvellous and the staff were so caring and helpful. It was a difficult time for me because I could hardly move after the operation so needed a lot of care.



Elin Richardson, Hospital Director

"We are pleased to report that we have performed 43 DIEP procedures between October 2021 – September 2022 with a 0% failure rate. Our patients come from all over the UK for our expertise and specialist support, making us one of the top three largest independent providers in the UK of this type of surgery."

Maxillofacial & Oral

We offer a variety of maxillofacial and oral procedures at The McIndoe Centre to treat patients with conditions affecting the mouth, jaw, face and neck. This includes TMJ arthroscopy, tooth extraction, treatment for mouth lesions, dental implants and wisdom tooth removal.



Removal of Impacted Teeth

There are numerous reasons why a patient may consider removing teeth. These include severe pain which can be caused by decay, infection or trauma, gum disease, and overcrowded teeth. One of the most common procedures is wisdom teeth removal. Such cases may require a tooth, or multiple teeth, to be removed in order to reduce pain and discomfort, to avoid the risk of infection spreading and the enablement of other teeth to be repositioned.

It was in her early forties that journalist Annika Purdey first noticed her eyelids were beginning to droop, making her look permanently tired.

Because her role involved a lot of face-to-face contact and being photographed, she contemplated treatment at the time but was held back by a preconception that surgery was 'vain and only for Hollywood actresses'. Four years later, her situation changed:

'I'm naturally confident but was becoming increasingly conscious of my upper lids. When lockdown hit, and I found myself looking at my reflection several hours a day on non-stop Zoom meetings, I knew something had to be done.'

After a couple of consultations with Mr Nick Parkhouse, Annika decided to have a blepharoplasty procedure, choosing to have it at The McIndoe Centre as it was close to her home, and she preferred to minimise travel.

On the morning of her procedure Annika checked in at The McIndoe Centre.

'It was like checking in to a five-star hotel. The suites at The McIndoe Centre are huge – light and airy, with flat screen TVs, ensuite bathrooms and seating areas. And mine overlooked the garden'.



As she was led down to theatre, she recalls thinking 'Am I really doing this?'

Her procedure went well. In recovery when cooling pads were removed and she was handed a mirror, she was pleasantly surprised by her appearance:

'Surprisingly I looked okay. And thanks to the painkillers, I felt only mildly uncomfortable! Mr Parkhouse called in to see me and by 4.30 I was being led out of reception'.

After a couple of days bruising and swelling set in that was sore rather than painful, at day seven stitches were removed and by day ten the swelling and bruising was barely noticeable. Over the

following eight weeks there were two further consultations with Mr Parkhouse. Three months on Annika is thrilled with the results of her surgery:

'Everything I wanted was achieved, with minimal fuss and maximum results. I am immensely grateful. When I look at myself now, I don't even notice my eyes – for all the right reasons!'

"Everything I wanted was achieved, with minimal fuss and maximum results."



Mr Nicholas Parkhouse, Consultant Plastic and Reconstructive Surgeon

"Upper blepharoplasty is one of my favourite procedures to perform due to its high patient satisfaction rate and low risk of complications. The vast majority of my patients are agreeably surprised at how quickly they recover from the procedure, and the transformative effect it can have."

Ophthalmology

We offer a variety of procedures to maintain your eye health and optimise your vision. These include the diagnosis and treatment of conditions such as glaucoma and cataracts, that if untreated can result in blindness, as well as laser and surgical treatments for a deteriorated or damaged cornea.



Cataracts

Cataracts is a condition that predominantly affects people over 70, and results from changes in the way the cells of the lens are arranged and their water content, which causes the lens to become cloudy instead of clear. Developing cataracts will cause your sight to become cloudy and misty. The condition, which can affect one or both eyes, is treated by surgery. It is a commonly performed and straightforward procedure that involves removal of the cloudy lens and its replacement by an artificial lens to help restore your vision.



Glaucoma Treatment

Glaucoma is a condition where the pressure in the eye increases, causing damage to the optic nerve which is critical for sight because it passes signals from the retina to your brain. Without this process we would not be able to see. Glaucoma can lead to a loss of your vision if untreated. The visual loss is usually slow and often has no symptoms. This is why glaucoma is also known as the 'silent thief of sight'. More commonly the peripheral visual field is lost first but glaucoma can affect the central field of vision too. There are various laser treatments available or minimally invasive surgery.

Cornea Treatment

The cornea is the clear window into the eye. When this is scarred or misshapen, treatment is required to remove the scar or to alter the shape of the eye. You can require cornea treatment if damage causes a small hole or infection appears in the cornea, or through degeneration from a condition such as keratoconus – which causes the cornea, to weaken, change shape and become thinner. Most cases of keratoconus can be treated with contact lenses and glasses. However, more severe cases may require a cornea transplant.

“I could clearly see without any blur. I just could not believe the difference!”



After retiring from a fulfilling career as a chartered surveyor, Bruce Harris* decided to avoid the boredom of retirement and expand his skills to become a driving instructor. It was not until Bruce attended a routine eye test appointment five years later that he discovered his sight was no longer at the required standard and he had to stop the driver training he was enjoying so much. After a lengthy journey through the NHS pathway, Bruce was finally able to receive his treatment at The McIndoe Centre.

Bruce explains: “When I met with my consultant we went through possible causes for the deterioration of my corneas, and it wasn’t until then that we worked out it was likely to be the dust from working many summers on hot building sites. He understood the treatment I needed straight away and decided that I required cataract procedures on both eyes, with my left eye being dealt with first. The first procedure then happened the following week.

“I was amazed at the whole process; The McIndoe Centre is just incredible and so modern and clean. From my first appointment for my COVID-19 test to the actual procedure, everything clicked in to place

seamlessly. I felt like the staff who looked after me knew the procedure inside out, they were so informative and reassuring. When it came to the procedure I could not have been cared for better, and although the thought of the surgery can be daunting the first time, I felt no pain at all. It was all over in about 20 minutes, and straight away I was being checked on and offered a hot drink and some delicious food.

“Later that evening at home after I had put my drops in, the difference in my vision became very clear. I was absolutely amazed; I walked over to the bedroom window and for the first time in a very long time, I could see craters on the moon! I also managed to spot the space station, which I could clearly see without any blur. I just could not believe the difference.

“The surgery has meant that I can now reapply to get my driver’s licence back, as I can now easily read a registration plate from the specified distance. The change in my vision has also enabled me to carry on with so many projects I couldn’t before, in particular the refurbishment of our house. I am looking forward to getting into home repairs again and no longer needing to use a magnifying glass. It has been a brilliant experience all round.”

*Patient name has been changed for confidentiality purposes.

Hand Procedures

We offer a variety of hand procedures, to complement those available at our sister hospital, the Horder Centre. These include treatment to correct carpal tunnel syndrome which affects the wrist, as well as Dupuytren's fasciectomy to relieve the contracture that can limit functionality of the hand.



Carpal Tunnel Release

Carpal Tunnel Syndrome (CTS) is a condition that causes pain and discomfort in the hand and wrist due to increased pressure on the nerve that crosses the front of the wrist. This is called the median nerve and runs through a tight tunnel of tendons, allowing you to bend your fingers. You may require carpal tunnel release if you feel pain and discomfort when moving your fingers and wrist. One of the first signs of CTS is numbness in the thumb, index finger and middle finger – symptoms tend to worsen during the night.

Dupuytren's Fasciectomy

Dupuytren's disease is an inherited condition where scar-like tissue forms just beneath the skin of the fingers and the palm of the hand and causes it to thicken and become hard. Eventually, over time, the fibrous tissue can contract and force one or more fingers to curl up into the palm, making it impossible to straighten the fingers. This is known as Dupuytren's Contracture. When the affected finger can no longer be fully extended as a result of scar tissue which has formed in the palm of the hand, surgery involving removal of any affected skin, will be required to restore proper functionality.

McIndoe Centre helps Diane Meadows get a grip on Dupuytren's Contracture

Diane Meadows was first diagnosed with Dupuytren's contracture following a visit to her GP late in 2020. For Diane, who leads an active lifestyle that belies her 87 years, the symptoms weren't painful and initially she carried on without any concerns. However, 12 months later the condition was progressing, it was getting difficult to grip items and beginning to compromise her lifestyle.

In November 2021 she was delighted to be contacted by the McIndoe Centre and consequently came in for corrective surgery by Mr Oliver Harley, one of Horder's Consultant Plastic

Surgeons. The procedure was straightforward and Diane was not required to stay overnight at the Centre. There was only limited discomfort during the procedure or even during recovery.

**"You are an amazing team
and the whole atmosphere in
the centre is guaranteed to
make patients feel relaxed
and at ease."**

Almost three months on Diane says **'I am delighted I had the surgery and**

have no regrets. I have full use of my hand and can cope much better with day-to-day tasks.'

Diane is also full of praise for Mr Harley, the McIndoe team and her overall experience at The McIndoe Centre.



Mr Oliver Harley, Consultant Plastic & Reconstructive Surgeon

Diane was able to have a minimally invasive treatment for her Dupuytren's disease called 'needle fasciotomy' and I am pleased that she responded very well to this. This technique allows for rapid recovery and minimal rehab. Needle fasciotomy is only suitable for a minority of patients who present with this condition.

New Women's health clinic

The menopause is a natural biological process that affects all women, typically between the ages of 45 and 55, and marks the end of their reproductive years. It can be a challenging time for women with physical and emotional symptoms that can have a significant impact on their overall health.

Recognising that managing menopause symptoms is a vital part of women's healthcare, The McIndoe Centre has established a dedicated Women's Health Clinic, led by menopause specialist Dr Emma Sloan, to offer women fast track access to specialist menopause healthcare.

What happens during the menopause?

During the menopause oestrogen and other hormone levels begin to decline and remain low for good unless replaced. Almost every system in the body is affected by low oestrogen levels, causing changes such as bones getting weaker, the skin stops producing collagen, thinning hair, and the build-up of fat in the midriff. It can also lead to memory loss, hot sweats, mood swings, anxiety and panic attacks, as well as vaginal dryness and reduced libido. Women are also more at risk of recurrent urinary infections, diabetes, stroke and heart disease.

Your treatment options

HRT involves replacing the hormones, including oestrogen and progesterone that the body stops producing. HRT can be administered in various forms, including pills, patches, gels, and creams.

There are non-hormonal therapy options that can also be effective in managing menopausal symptoms too. Herbal medicines, therapies such as reflexology, acupuncture, or cognitive behaviour therapy (CBT) are all shown in studies to help manage menopause symptoms.

Other medications that doctors prescribe such as antidepressants or mood stabilisers can be of benefit to women going through menopause as well. However, these medications have potential risks and side effects, and health providers need to evaluate each patient's individual needs before recommending these therapies.

Lifestyle modifications can also play a critical role in managing menopausal symptoms. These can include exercise, stress management techniques, as well as a healthy diet that includes whole grains, fruit and vegetables, and avoids triggers such as alcohol, caffeine and spicy foods.

Are you suffering from symptoms of menopause?

If you are currently living with menopausal symptoms or are concerned about its onset, why not book a consultation with Dr Sloan at The McIndoe Centre Women's Health Clinic? She will discuss your symptoms, concerns and recommend the best treatment options for you, including lifestyle and complementary therapy advice to help improve symptoms.



Acupuncturist Selena Collins pinpoints how HRT works for her



Selena Collins, an experienced acupuncturist, had always been adamant she wanted to avoid using HRT due to the negative experience her mother went through on the drug.

Selena explains: "Due to the nature of my work, I was always convinced that I would follow the alternative path when it came to treating menopausal symptoms. In addition to my mother's experience, I had also reacted badly in the past to the Mirena Coil, which cemented my decision.

"I was introduced to Dr Sloan through a friend and attended one of her menopause cafe events. After discussing my fears around HRT and the effects on mental health, she invited me to come and have a consultation with her. I was used to having 10 minutes with my GP to discuss my menopausal symptoms; in this consultation we discussed everything in so much detail including my general health, my symptoms and fears around the medication. She explained it so exceptionally clearly and emphasised how slowly we could start the treatment; I felt safe enough to take a leap of faith to try HRT.

"She rang me once I had started the prescription to check how I was feeling; the whole process was so carefully managed.

"The HRT was a game changer. Within two weeks I was sleeping better, I had an improved appetite and mood and I felt like my zest for life came back. There were no side effects - nothing but positive changes. Being an acupuncturist, I was so sceptical at first but because of my experience many of my colleagues and clients have also now self-referred to Dr Sloan.

"As a result of my consultations, I feel like I have an in-depth understanding of everything that is happening to my body. My advice would be to any woman, if you don't feel you fit in the box that your GP is putting you in regarding your menopausal experience, try a consultation with Dr Sloan and make an informed choice."

Dr Emma Sloan, GP and menopause expert said "A great number of my patients have been suffering unnecessarily with symptoms of menopause for a long time before seeing me, and sadly a huge proportion are at crisis point when I meet them. So much damage can be done, to relationships, jobs and wellbeing for what in most women is a very treatable condition. Some of my patients find it hard to talk to their GP, for a multitude of different reasons. I can offer women the time, the care, and the expertise to help them turn their life around and help to get them back on track."



Dr Emma Sloan, Menopause Specialist

"The benefits of HRT far outweigh the risks for the vast majority of women by relieving menopausal symptoms, allowing them to lead healthy and full lives."

Our Specialist Consultant Team

We have curated the largest team of specialist consultant plastic surgeons outside of London. Here's an A-Z of our team - use the key to the right to see the services each consultant offers.

KEY



Cosmetic



Reconstructive



Hand



Ophthalmology



Maxillofacial & Oral



Women's Health



Mr Paul Banwell

BSc MB BS FRCS (Eng) FRCS (Plast)

Consultant Plastic and Reconstructive Surgeon

First consultation £250



[See profile online >](#)



Mr Baljit Dheansa

MB BS FRCS (Eng) FRCS (Plast) MSc

Consultant Plastic and Reconstructive Surgeon

First consultation £250



[See profile online >](#)



Mr Adam Blackburn

BSc(Hons), MB BS(Hons), FRCS(Plast)

Consultant Plastic and Reconstructive Surgeon

First consultation £220-250



[See profile online >](#)



Mr Mohamed Elalfy

MBBCh, MSc, MD, DRCOphth, FICO, FEBO, FRCS (Ed), FRSC (Glas), FRCOphth

Consultant Ophthalmic Surgeon

First consultation £250



[See profile online >](#)



Miss Tania Cubison

MBBS, FRCS, FRCS (Plast), RAMC

Consultant Plastic and Reconstructive Surgeon

First consultation £150



[See profile online >](#)



Mr Aakshay Gulati

FDSRCS MBBS(Lon), MRCS(Eng), FRCS(Eng) OMFS

Consultant Oral and Maxillofacial Surgeon

First consultation £100-225



[See profile online >](#)



Mr Jag Dhanda

BSc (Hons) BDS (Bristol), MFDSRCS (Eng), MBBS (Lon), MRCS (Eng), PhD, FRCS (OMFS)

Consultant Oral and Maxillofacial Surgeon

First consultation £200



[See profile online >](#)



Mr Samer Hamada

MD, MSc, DO(hons), FRCSEd, FRCOphth

Consultant Ophthalmic Surgeon

First consultation £250



[See profile online >](#)

**Mr Oliver Harley**

MBBS, BSc, MBA, FRCSEd(Plastic Surgery)

Consultant Plastic and Reconstructive Surgeon

First consultation £195

[See profile online >](#)**Mr Siva Kumar**

MBBS BMed.Sci(Hons) MRCS MBA FRCS(Plast.)

Consultant Plastic and Reconstructive Surgeon

First consultation £TBC

[See profile online >](#)**Miss Anita Hazari**

MB BS, MD, FRCS, FRCS(Plast)

Consultant Plastic and Reconstructive Surgeon

First consultation £200

[See profile online >](#)**Mr Damian Lake**

MB.ChB, FRCOphth

Consultant Ophthalmic Surgeon

First consultation £140

[See profile online >](#)**Mr Martin Jones**

BSc(Hons), MBBS, MD, FRCS Ed, FRCS Ed(Plast)

Consultant Plastic and Reconstructive Surgeon

First consultation £250

[See profile online >](#)**Mr Andre Litwin**

BM FRCOphth

Consultant Ophthalmic Surgeon

First consultation £180

[See profile online >](#)**Mr Asit Khandwala**

MBBS MS MCh FRCS (Plast)

Consultant Plastic and Reconstructive Surgeon

First consultation £220

[See profile online >](#)**Mr Simon Mackey**

BSc(Hons), MB BS, FRCS(Plast)

Consultant Plastic and Reconstructive Surgeon

First consultation £175

[See profile online >](#)**Mr Ian King**

MA (Oxon) MBBS MRCS FRCS (Plast)

Consultant Plastic and Reconstructive Surgeon

First consultation £200

[See profile online >](#)**Mr Raman Malhotra**

FRCOphth MB ChB

Consultant Ophthalmic Surgeon

First consultation £250

[See profile online >](#)

**Mr Chris McDonald**

MBBS BSc FRCS(Plast)

Consultant Plastic and
Reconstructive Surgeon

First consultation £250

[See profile online >](#)**Ms Nora Nugent**MB BCh BAO, BMedSci, MRCSI, FRCSI
(Plast), European Diploma in Hand
Surgery (FESSH)Consultant Plastic and
Reconstructive Surgeon

First consultation £250

[See profile online >](#)**Mr Andrew
Mellington**

BMBCh MA MSc FRCS(Plast)

Consultant Plastic and
Reconstructive Surgeon

First consultation £200

[See profile online >](#)**Miss Jennifer O'Neill**BM BCh (Oxon), MA (Cantab), MRCS
(Eng), FRCS (Plast)Consultant Plastic and
Reconstructive Surgeon

First consultation £200

[See profile online >](#)**Miss Alexandra
Molina**

MCBChir, MA(Cantab), FRCS(Plast)

Consultant Plastic and
Reconstructive Surgeon

First consultation £200

[See profile online >](#)**Mr Sam Orkar**

FRCS (Plast) FRCS (Ed)

Consultant Plastic and
Reconstructive Surgeon

First consultation from £170

[See profile online >](#)**Mr Charles Nduka**

MA, MD, FRCS, FRCS (Plast)

Consultant Plastic and
Reconstructive Surgeon

First consultation £200

[See profile online >](#)**Mr Marc Pacifico**

MD FRCS (Plast)

Consultant Plastic and
Reconstructive Surgeon

First consultation £250

[See profile online >](#)**Miss Kapka Nenova**Master of Medicine, Specialist
OphthalmologistConsultant Ophthalmic
Surgeon

First consultation £220

[See profile online >](#)**Mr Nicholas Parkhouse**

DM MCh FRCS

Consultant Plastic and
Reconstructive Surgeon

First consultation £300

[See profile online >](#)

**Mr John Pereira**

FRCS (Plast)

Consultant Plastic and
Reconstructive Surgeon

First consultation £130

[See profile online >](#)**Mr Ken Sneddon**

MB BS FDSRCS FRCS

Consultant Oral and
Maxillofacial SurgeonFirst consultation
£175-200[See profile online >](#)**Mr Mark Pickford**

MS FRCS (Plast)

Consultant Plastic and Hand
SurgeonFirst consultation
£150-250[See profile online >](#)**Mr T C Teo**

FRCS (Plast)

Consultant Plastic and
Reconstructive Surgeon

First consultation £150

[See profile online >](#)**Mr Gokulan Ratnarajan**

BSc MBBS FRCOphth MD

Consultant Ophthalmic
SurgeonFirst consultation
from £250[See profile online >](#)**Mr Reuben Yap Kannan**MB MRCSed PhD FRCS(Plast) Dip(Otol)
HNSConsultant Plastic and
Reconstructive Surgeon

First consultation £150-200

[See profile online >](#)**Mr Bav Shergill**

BSc, MBBS, MRCP

Consultant Dermatologist

First consultation £200

[See profile online >](#)**Dr Emma Sloan**

BSc HONS, MB BS, PGCert, MRCGP

Women's Health
specialist doctorFirst consultation
£289[See profile online >](#)



Contact our Private Patient Team on
01342 488063

The McIndoe Centre

HORDER HEALTHCARE



themcindoecentre.co.uk

Registered Charity No: 1046624

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